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Wed, 13 Jun 2018 22:58:00 GMT - Dr. Gundry has been busy compiling recipes for The Plant Paradox Cookbook (Harpers Wave publishes it April 2018) and wanted to include you in the project. So, a few weeks ago, Dr. Gundry came up with an idea to do just that. I see all these great Plant Paradox-inspired meals posted on Instagram. Why donâ€™t [â€]

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